

Myths of Channeling

Channeling is a simple and basic process that is available to all of mankind. It is our birthright as Children of The God/Goddess All That Is and is our natural state of being.

As people open to the channeling process there are misconceptions that need to be corrected in order for them to become clear channels. There are many ways to learn to channel. Ours is just one of them. However, there are certain basic principles that apply to all forms and techniques of channeling if the information is to be clear and reliable.

Below are four basic myths of channeling of which one should be aware:

1. Clairvoyance is the best and most reliable form of channeled information.
2. A being out of body must be of a higher frequency than those of us on the planet in physical form.
3. Someone who channels must be more spiritually evolved than those who do not.
4. If it feels good it must be right.

Other important issues to be aware of are:

1. The lower-self can grab the microphone at any time. Just because one begins a session as a clear channel does not necessarily mean one will remain clear. Constant vigilance is important to doing your best work.
2. The goal is to be able to channel anytime anywhere in a focused and clear fashion. Your meditation chair is the place to learn, to practice, feel and perfect your connection, but channeling is a full time gift and service to yourself and others.
3. The quality of your questions will determine the quality of your answers. Spirit is a master of Language and we often “hear” what the lower-self wants to hear instead of what Spirit intended.
4. The number one reason to learn to channel is to get your own guidance and trust in your own power. The number one gift of channeling is to experience yourself as God, to feel your connection to your Higher Self/Soul, The God/Goddess Within You. Everything else is window dressing.